



2010 - 2011 Foxfire WRESTLING CLUB Opportunities available year round

Winter sessions: Nov 1st 2010 – Feb 14th 2011 (46)
Feb 15th 2011 – Mar 21st 2011 (15)
Spring/Summer sessions: Mar 9th 2011 – May 27th 2011 (21)
Jun 1st 2011 – Jul 28th 2011 (18)

Total number of available training sessions 100

Pick the sessions that work for you and your family! Give us feedback on what works for your family!

Visit on the web: foxfirewrestling.com

Contact: John Mossing, john@foxfirewrestling.com, 419.345.0214

- Introductions
 - Foxfire Founder: Coach Doc Leffler
 - o Managing Director: John Mossing
 - o Coach Gary Burgess
 - o Coach Roshawn Jones
 - o Other FoxFire Coaches volunteering their time throughout the year: Dean Beauch, Vince Cardone, Joe Campos, Antonio Guerra, Kraig Keil, Tom Keifer, Junior Kendall, Tony Kern, Nick Langston, Jon Llewellyn, Jeff Ludlow, Chris McGibbeny, Brad Mossing, Gary Mossing, Butch Nino, Mike Nino, Joe Palmer, Earl Ramirez, Jerry Robinson, Mark Tinney, Jim Turner, Scott Zapadka.
- Sport of wrestling overview
- Foxfire Guidelines/ Overview of Club
 - o Independent Wrestling Club!
 - o USA Wrestling Regional Training Center
 - o Opportunities for all skill levels, foundation for HS, Opportunities for area HS wrestlers
- Practice days/times:
 - o M,W,Th 6:00-8:00pm
- Competitions:
 - o All 5th thru 8th grade wrestlers belonging to a Catholic Parish or attending Catholic Elementary/Academy are eligible to compete in the Cleveland CYO League as a Junior Rock.
 - o Team events for Junior High and Youth levels are available at the elite and novice levels
 - o Organized scrimmages with other clubs and schools will be conducted (at Foxfire and elsewhere)
- Communication:
 - o Email schedule updates other communication
 - o Email/phone if you need to miss
 - o Web – updates, results, fun stuff
- Equipment necessary
 - o Shorts/tee-shirt for practice
 - o Wrestling shoes/head gear
 - o Competition Gear – Club T-Shirt, Singlet, Warm-ups (Tops and Bottoms)
- Registration fees/schedule –
 - o Order form for clothing – online, registration form online.
- Academic importance/monitoring

***All wrestlers and coaches required to have a USA Wrestling card cost: ~\$25 for ages 13 and under, ~\$35 for 14 year old's see 'USA Wrestling Membership' link at foxfirewrestling.com. Registration for the upcoming year begins on Wednesday Sep 1st. USA cards are valid from 1 Sep 2010 thru 31 Aug 2011.**



2010 - 2011 Foxfire WRESTLING CLUB Registration Form

Name of Wrestler: _____

USA Wrestling Card # _____ (card good for 1yr Sep 1st thru Aug 31st - purchase card online: <http://www.usawmembership.com/>)

School: _____ Grade: _____

Catholic Parish or School (if applicable): _____

Parent/Guardian Name(s): _____

Address: _____ City/State/Zip: _____

Years Wrestling Folk: ____ Free: ____ Greco: ____ Previous club name if any _____

Home Phone Number: (____) _____ - _____

Cell Phone Number1: (____) _____ - _____

Cell Phone Number2: (____) _____ - _____

Email Address1: _____ Email Address2: _____

Permission to Transport: ____ Yes ____ No

Permission to Photograph (web site, highlight video, etc.): ____ Yes ____ No
(Wrestlers will only be identified by First Name and Last Initial on web)

Birth Date: Month: ____ Day: ____ Year: ____ Approx wt: _____

In Consideration for the above named wrestler's allowed participation in the FoxFire Wrestling Club, I hereby waive and release for myself, my heirs and administrator, all rights and claims for damages against FoxFire Wrestling Club, or their representatives for any and all injuries suffered by me participating in this club.

Parent Signature: _____ Date: _____

(Check all dates that your wrestler intends to participate in)

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Feb 15th 2011 – Mar 21st 2011 (15) _____

First wrestler \$125.00 _____
additional wrestlers from same family \$75.00 _____

Spring/Summer Sessions: Mar 9th 2011 – May 27th 2011 (21) TBD _____
: Jun 1st 2011 – Jul 28th 2011 (18) _____
Total _____

Winter signup (Registration forms and fees due by Monday, November 15th, 2010)